

Story Arefa Begum (A woman with disabilities)

NGO Forum provides me information on Hygiene to develop the situation of my Personal Hygiene

NGO Forum provides me information on Hygiene to develop the situation of my Personal Hygiene, words from Arefa Begum (A woman with disabilities) when Community Hygiene Volunteer conducted HH level Consultation for persons with disabilities.

NGO Forum for Public Health has been implementing a project named Improved WASH Services to the Myanmar Refugees Population in Ukhiya Upazila, Cox's Bazar District taking financial and technical support from UNICEF Bangladesh in camps 6 & 7.

As part of hygiene promotion activities, the project is implementing several community engagement & behavioural change approaches. Among different approaches, HH level Consultation for PWD is one of them.

To implement this activity in the camp, the project implemented 86 HH level consultations for persons with disabilities along with their care givers in both camps to improve the hygiene condition of persons with disabilities. During this consultation NGOF Hygiene Promoters and Volunteers Consulted with persons with disabilities as well as with their caregivers and family members also.

Arefa Begum, a 42 years old female who is not able to walk, is the daughter of Lokman Hakim & Firuja Begum (FCN: 148940) lives in Block A, sub-block A-03 in Camp 7.

To enhance the Hygiene Condition of persons with disabilities, the project Community Hygiene Volunteer (CHV) and Community Hygiene Promote (CHP) started HH level Consultation for persons with disabilities.

During this Consultation, CHPs and CHVs discussed on brief overview of some hygiene practices such as hand washing (steps & critical times), personal hygiene, MHM and food hygiene on April 2021. During participating in different sessions CHV & CHP observed that day by day the hygiene situation Arefa Begum is improving and her family member and her Care Giver give more concern and support to her which resulted a significant change on practicing positive hygienic behaviours.

On the other hand, the project recently provides her persons with disabilities accessible latrine. Due to this kind of support, Arefa Begum lead more hygienic life. Arefa Begum also informed that after the consultation she and her family are more aware on Personal Hygiene as well as Menstrual Hygiene which helped her to develop a disease-free healthy life as a PWD.

